

Vasectomy Informed Consent

UROLOGY
SAN ANTONIO

I, _____, hereby authorize Dr. _____ to perform a vasectomy on me. A vasectomy is a procedure to make a man infertile (sterile). IT IS A PERMANENT AND IRREVERSIBLE PROCEDURE.

Description of Procedure

A vasectomy is a surgical procedure that makes a man permanently sterile or unable to impregnate a woman. When you have a vasectomy, the urologist numbs the scrotum. Then he or she makes a small incision or puncture in the skin so that he or she can access the vas deferens (the tubes that carry sperm). Next, the doctor removes a portion of each vas deferens and seals the ends so that sperm can no longer pass through them. Finally, the doctor returns the vas deferens to the scrotum and closes the incision or puncture. The entire procedure takes about 20 minutes.

Risks/Possible Complications

A vasectomy is a simple procedure, but it does involve some risks. After a vasectomy, you can expect minor discomfort such as bruising of the scrotum as well as redness and swelling at the site of the incision. You may also have some drainage from the incision. These are normal parts of the healing process. Pain after the procedure is usually mild and can be controlled by using a scrotal support, cold packs and over-the-counter pain medication such as ibuprofen or Tylenol. Your doctor will also give you a prescription for a pain medication that you can fill if you find that you need a stronger pain controller.

Complications that could occur following a vasectomy include:

- Bruising of or pain in the scrotum and testicles
- Inflammation or infection of the scrotum, testicles and epididymis
- Chronic testicular pain or sperm granuloma
- Possible rejoining of the vas deferens resulting in fertility and pregnancy

Masculinity and Sexuality

After a vasectomy, your body's testosterone level will remain the same. Your sex drive, facial hair, voice and other masculine traits will also remain unchanged. A vasectomy does not affect your erections or change the sensation of your orgasm. Your semen, the fluid you ejaculate, will look the same after a vasectomy. Additionally, a vasectomy will not affect your urination.

Infertility Is Not Immediate

A vasectomy will not make you immediately infertile. It will take 6-8 weeks (15 - 20 ejaculations) for all of the sperm to leave your body. **It is critical to use another form of birth control until a doctor confirms that your sperm count is zero.**

Your Urology San Antonio provider does not perform semen analysis in the office. To confirm sterility after your vasectomy, your provider recommends the Fellow Post-Vasectomy Test Kit as the standard option. This kit is convenient, accurate, and fast, allowing you to collect your sample at home, ship it free of charge, and receive results from a CLIA-certified laboratory within just a few days. Results are sent to both you and your provider. Additional options for semen analysis include outside laboratories such as Labcorp or Quest. Please initial below.

I understand that the Fellow Post-Vasectomy Test Kit is an out-of-pocket expense of \$149.00 that is included in my deposit. For patients with commercial insurance, Fellow provides an itemized receipt that may be submitted to your insurance company for potential reimbursement.

Consent for Treatment

The above information has been explained to me. I certify by my signature below that I have read (or have had read to me) this Informed Consent and that I understand it. Any questions that I asked have been answered in language that I understand. I voluntarily consent to this procedure.