Bladder Symptom Questionnaire



| Doctor's Name: | | | | | | |
|----------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------|------------------------------------------|-------------------------------------------|------------------------------------------------|--------------------------------------------|--|
| Name: | | | Date of Birth: | | | |
| Phone number: | Date: | | | | | |
| Please read the questions and answer the questions below based on the last few months (circle your response): | | | | | | |
| | 4-5 times a day | 6-8 times a day | 9-10 times a day | 10-12 times a day | Over 12 times a day | |
| How often do you usually urinate during the day? | 0 | 1 | 2 | 3 | 4 | |
| | 0-1 time at night | 2 times at night | 3 times at night | 4 times at night | 5 or more times at night | |
| 2. How many times do you urinate at night? | 0 | 1 | 2 | 3 | 4 | |
| | No urge | Mild urge (can delay over an hour) | Moderate urge (can delay 10-60 min) | Severe urge (can delay less than 10 min) | Desperate urge (must go immediately) | |
| 3. What is the reason that you usually urinate? | 0 | 1 | 2 | 3 | 4 | |
| | More than 60 min | 30-60 min | 10-30 min | Less than 10 min | Must go immediately | |
| Once you get the urge to go, how long can you comfortably delay? | 0 | 1 | 2 | 3 | 4 | |
| | Never | Rarely | A few times a month | A few times a week | At least once a day | |
| 5. How often do you get a sudden urge that makes you rush to the bathroom? | 0 | 1 | 2 | 3 | 4 | |
| | Never | Rarely | A few times a month | A few times a week | At least once a day | |
| 6. How often do you get a sudden urge and leak urine or wet pads? | 0 | 1 | 2 | 3 | 4 | |
| | Total control | Very good | Good | Poor | No control | |
| 7. In your opinion, how good is your bladder control? | 0 | 1 | 2 | 3 | 4 | |
| | Please total your score for questions 1 - 7 above | | | | | |
| 0-7 Mild 8-16 Moderate 17-28 Severe | | | | | | |
| 8. Do you experience accidental leakage when performing some physical activity such as coughing, sneezing, laughing or exercise? | | | | YES | NO | |
| 9. Have you tried medications to help improve your symptoms? YES | | | | | NO | |
| 10. Would you be interested in learning about a minimally invasive test that could allow you to avoid or discontinue your Overactive Bladder Medication? | | | | | | |