

# Prostate Biopsy

## Post-Procedure Instructions

**UROLOGY**  
SAN ANTONIO

Following the instructions below will contribute to a successful recovery.

### Diet

You may return to your normal diet immediately.

### Activities

Avoid strenuous activity for the first 24 hours. You may return to your normal activity the day after the biopsy.

### Medication

- It is important to take the antibiotic (Cipro) that you were given for the biopsy the evening of your biopsy.
- You may take Tylenol (acetaminophen) if needed for pain or discomfort
- Do NOT take aspirin or any blood thinners like Coumandin, Plavix, Eliquis, Brilinta, or Pradaxa for 48 hours after your biopsy.
- Other than blood thinners, you should resume your regular medications.

### Call your urologist if you experience any of these problems:

- Fevers over 101.5° F
- Heavy bleeding or clots
- Inability to urinate

### Results

It will take approximately one week to get the results from your biopsy. If you have not heard from your doctor within two weeks after the biopsy, please call.

### Clinic Locations

#### Medical Center

Pasteur Plaza  
7909 Fredericksburg, Ste. 120-210  
San Antonio, TX 78229  
(210) 614-4544

#### Downtown

Metropolitan Prof. Bldg.  
1303 McCullough, Ste. 270  
San Antonio, TX 78212  
(210) 474-7020

#### Northeast

Northeast Methodist Plaza  
12709 Toepperwein, Ste. 206  
San Antonio, TX 78233  
(210) 564-8000

#### Stone Oak

18915 Meisner Drive  
San Antonio, TX 78258  
(210) 499-5158

#### Mission Trail

Mission Trail Medical Plaza  
3327 Research Plaza, Ste. 403  
San Antonio, TX 78235  
(210) 337-6228

#### Boerne

Methodist Med. Center  
134 Menger Springs Rd., Ste. 1210  
Boerne, TX 78006  
(210) 614-4544

#### Westover Hills

Christus Medical Plaza 1  
11212 Hwy. 151, Ste. 180  
San Antonio, TX 78251  
(210) 521-7333

#### Reyna Cancer Center

7718 Louis Pasteur Ct.  
San Antonio, TX 78229  
(210) 477-9060