

Urodynamics

Pre-Procedure Instructions

UROLOGY
SAN ANTONIO

Appointment Information

Your urodynamics evaluation has been scheduled for _____ at _____ am/pm at the Urology San Antonio Center for Urinary Control located at 7909 Fredericksburg Rd., Suite 210.

What to Expect

Your doctor has recommended that you undergo a urodynamics evaluation. Urodynamics testing involves placing a small catheter into the bladder, a small catheter into the rectum, and patches on the buttocks. Your evaluation may also involve fluoroscopy, which is an X-ray imaging technique. Please allow one hour to complete the test. Results will be interpreted and forwarded to your urologist within 7-10 days.

Before Your Urodynamics Evaluation

- If you are pregnant, please notify our clinic right away. Your urodynamics evaluation may need to be postponed. Call (210) 582-5650.
- Stop taking the following medications 3 days prior to testing unless otherwise instructed by your provider. (*Continue taking all other prescription medications.*)
 - AZO Standard
 - Detrol/ Detrol LA (tolterodine)
 - Enablex (darifenacin)
 - hyoscyamine, methenamine, methylene blue (Urimax, Urelle, Urised, Urisym, Utira, Prosed, UTA, Urogesic)
 - Myrbetriq (mirabegron)
 - oxybutynin/oxybutynin er (Ditropan, Ditropan XL, Oxytrol, Gelnique)
 - Pyridium (phenazopyridine)
 - Sanctura/Sanctura XL (trospium)
 - Urecholine (bethanechol)
 - Urispas (flavoxate)
 - Vesicare (solifenacin)
- DO NOT CONSUME ANY CAFFEINE THE DAY OF THE STUDY.**
- If you have symptoms of burning or stinging with urination the day before the test, please call us, as your test may need to be postponed.
- If you have chronic constipation, use a Fleets enema (available over the counter) the day before your appointment.
- If your urologist gave you antibiotics, take them as prescribed. If they did not give you an antibiotic, the urodynamics staff will provide one.
- Eat a normal meal the day of the study, but remember no caffeine.
- Drink enough water so that you arrive at your appointment with a full bladder. (If you have a Foley catheter, there is no need to drink more water than normal.)
- Arrive for your appointment a few minutes early. **If you are more than 10 minutes late, you will need to reschedule.**

Cancellations

Appointments must be canceled 24 hours in advance. If an appointment is canceled less than 24 hours in advance or the patient does not show up for the appointment, a \$50 deposit will be required to schedule future appointments.

Risks and Complications

You may have mild discomfort from the placement of the catheters. This should only last for a few hours. Taking a warm bath after the study may ease any discomfort. Urodynamics testing involves a small risk of developing a urinary tract infection or experiencing urinary frequency and/or urgency. You may also notice a small amount of blood in the urine. Should any of these symptoms continue for more than 24 hours after the testing, please call your provider for instructions.

Questions/Concerns

If you have any questions or are unable to keep your appointment, please call the Center for Urinary Control at (210) 582-5650.