

IMAGING STUDY PATIENT INSTRUCTIONS

REV. 11/12/2015

All patients who are scheduled to undergo an imaging/CT exam should follow these instructions.

Clothing and Jewelry

If you come to your appointment wearing the appropriate clothing, you will not need to wear a gown during the exam. Gowns are available for patients who need them.

- Wear clothes (tops and bottoms) without zippers, metal buttons or metal snaps
- Wear lightweight shoes such as tennis shoes
- Remove any body piercings or jewelry from the chest, abdomen or pelvic area. (It is ok to wear watches, rings, earrings and short necklaces.)

Food and Drink

- If you are scheduled for a CT scan with IV (iodine) contrast, do not eat or drink ANYTHING 4 hours before your appointment.
- All patients should empty their bladders 2 hours before the appointment.

Oral Contrast

If you have been given the oral contrast (berry smoothie), follow these instructions.

- Drink the entire 1st bottle 2 hours before your scheduled appointment.
- Drink $\frac{3}{4}$ of the 2nd bottle 1 hour before your scheduled appointment.
- Bring the remainder of the contrast to your appointment. The receptionist will tell you when to finish the remainder of the oral contrast.

Diabetic Patient with IV Contrast

- If you are a diabetic patient who is scheduled for a study with IV contrast (dye), DO NOT take your oral diabetic medication after 9 pm the evening before your scan.

The following are oral diabetic medication.

Actoplusmet	Glucophage XR	Janumet XR	Metaformin HCL
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Avandamet	Glumetza	Kazano	Metaglip
Fortamet	Glyset	Kombiglyze	Riomet (liquid)
Glucophage	Janumet	Kombiglyze XR	Zazano

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If you accidentally take one of the medications above, call the imaging department. For your safety, your CT scan will be rescheduled.

Your imaging technician will tell you when you may resume your diabetes medications.

Questions

If you have any questions about these instructions, please contact the imaging department at (210) 614-4544 x1500 or contact your urologist.